PROFESSIONAL INFORMATION

Multiforce®
Alkaline Powder

COMPLEMENTARY MEDICINE
Combination product
This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.

SCHEDULING STATUS
S0

1 NAME OF THE MEDICINE
A.VOGEL MULTIFORCE® ALKALINE POWDER, Powder for oral use

2 QUALITATIVE AND QUANTITATIVE COMPOSITION
Each 7,5 g A.VOGEL MULTIFORCE® ALKALINE POWDER contains

Calcium citrate	145 mg	
Calcium phosphate	974 mg	
providing calcium (elemental)		254 mg
Dimagnesium phosphate	244 mg	
Magnesium citrate	315 mg	
providing magnesium (elemental)		59 mg
Calcium and dimagnesium phosphate		
providing phosphorus (elemental)		219 mg
Potassium bicarbonate	783 mg	
Potassium citrate	870 mg	
providing potassium (elemental)		619 mg
ISCH22™ (Proprietary blend)	1 000 mg	
providing Urtica dioica L. (*Urtica dioica*) and / or *Urtica urens* L. (*Urtica urens*), Silicon dioxide (Silicea), Calcium hydrogen phosphate dihydrate (*Calcarea phosphorica*), Disodium phosphate dodecahydrate (*Natrum phosphoricum*) and *Ostrea edulis* L. (*Calcarea carbonica*)		
Malpighia glabra (Acerola) [Fruit]	100 mg	
providing vitamin C botanical extract		5 mg

A.VOGEL MULTIFORCE® ALKALINE POWDER original flavour	
Contains sugar as Lactose	not more than 980 mg/7,5 g
Contains sugar as sugar-alcohol Mannitol	3 069 mg/7,5 g

A.VOGEL MULTIFORCE® ALKALINE POWDER aniseed, lemon, mango and peppermint flavour	
Contains sugar as Lactose	not more than 980 mg/7,5 g
Contains sugar as sugar-alcohol Mannitol	2 722 mg/7,5 g
Contains sweetener as Stevia	35,25 mg/7,5 g

For full list of excipients, see section 6.1.

3 PHARMACEUTICAL FORM
Powder for oral use (Oral powder).
White to off-white, pinkish, fine, free-flowing powder containing fine black particles (organic material from ISCH22™) with a sweetish characteristic odour and a slightly acidic or bitter taste.

4 CLINICAL PARTICULARS
4.1 Therapeutic indications
A.VOGEL MULTIFORCE® ALKALINE POWDER is a source of calcium, magnesium, phosphorus and potassium, as well as citrate and bicarbonate salts (alkalising minerals) and has a systemic alkalising effect.

A.VOGEL MULTIFORCE® ALKALINE POWDER is a multimineral combination product, containing health supplements (minerals) and ISCH22™, that supports the body's acid buffering mechanism by providing essential alkaline minerals required to combat a typical acidogenic diet (high in animal protein and low/deficient in fruit, vegetables and minerals) and lifestyle, thereby assisting in addressing the negative consequences thereof.

ISCH22™ is an exclusive homeopathic blend for the absorption of minerals and regulation of acidity.

Used daily, A.VOGEL MULTIFORCE® ALKALINE POWDER may help to:
- Support bone health and protect against bone demineralisation. Calcium intake, when combined with sufficient vitamin D, a healthy diet, and regular exercise, may reduce the risk of developing osteoporosis.
- Alleviate heartburn and digestive tract discomfort due to excess acid.
- Assist in the relief of joint pain, lower back pain and reduced mobility/flexibility, which are common consequences of an acidogenic diet.
- Improve symptoms of osteoarthritis and age-related joint discomfort and degeneration, such as pain and stiffness.
- Support healthy uric acid levels through regulating acid/alkaline balance. Used in conjunction with conventional therapy may help relieve the symptoms associated with gout.
- Maintain and support urinary tract function and health by increasing urine pH, thereby assisting to prevent complications such as kidney stone formation.
- Support healthy athletic performance and recovery through the supplementation of minerals with alkalising properties which help maintain normal muscle function and contribute to healthy tissue growth and repair.

4.2 Posology and method of administration
Posology
Adults (18 years and over)
Take 1 sachet or 1 heaped teaspoon (approx. 7,5 g) once daily.

Special populations
Elderly
No dosage adjustment is required for this population (see section 4.4).

Paediatric population
A.VOGEL MULTIFORCE® ALKALINE POWDER is not indicated for patients younger than 18 years.

Method of administration
For oral use only.
Mix in a large glass of water and stir well before drinking.
Take on an empty stomach.

4.3 Contraindications
- A.VOGEL MULTIFORCE® ALKALINE POWDER should not be used in patients who have a hypersensitivity to the active substances or to any of the excipients listed in section 6.1.

4.4 Special warnings and precautions for use
- Patients should be advised to speak with a health care provider and / or use under medical supervision if:
  - They are on calcium and / or potassium restricted diets.
  - They have moderate to severely compromised renal function.
- If the condition or heartburn symptoms worsen or do not improve after 10 days, a health care provider should be consulted.

Excipients with known effect
Lactose: Patients with rare hereditary problems of galactose intolerance, total lactase deficiency or glucose-galactose malabsorption should not take A.VOGEL MULTIFORCE® ALKALINE POWDER.

Sugar content: The total sugar content in 7,5 g A.VOGEL MULTIFORCE® ALKALINE POWDER is more or less 4 g carbohydrates (CHO), which is 9 kcal (37,6 kJ) and has a glycaemic load (GL) of 0,5 – 0,6. Therefore, a negligible glycaemic response can be expected when consuming a dose of A.VOGEL MULTIFORCE® ALKALINE POWDER.

4.5 Interaction with other medicines and other forms of interaction
None known.

4.6 Fertility, pregnancy and lactation

Pregnancy

The safety of this product during pregnancy has not been established. During pregnancy A.VOGEL MULTIFORCE® ALKALINE POWDER should be taken under the supervision of a medical practitioner.

Breastfeeding

The safety of this product during lactation has not been established. During breastfeeding A.VOGEL MULTIFORCE® ALKALINE POWDER should be taken under the supervision of a medical practitioner.

Fertility

Fertility studies have not been performed.
No effect on fertility expected.

4.7 Effects on ability to drive and use machines

A.VOGEL MULTIFORCE® ALKALINE POWDER has no or negligible influence on mental and / or physical ability to perform or execute tasks or activities requiring mental alertness, judgment and / or sound coordination and vision.

4.8 Undesirable effects

Tabulated summary of adverse reactions

System Organ Class	Frequency	Adverse reactions
Immune system disorders	Frequency unknown	Hypersensitivity (see section 4.3)
Gastrointestinal disorders	Frequency unknown	Flatulence, diarrhoea

Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorisation of the medicine is important. It allows continued monitoring of the benefit / risk balance of the medicine. Health care providers are requested to report any suspected adverse reactions to SAHPRA via the Med Safety APP (Medsafety X SAHPRA) and eReporting platform (who-umc.org) found on SAHPRA website.
In addition, side-effects can also be reported to info@pharmacorp.co.za.

4.9 Overdose

Symptoms

In overdose, side effects can be precipitated and / or be of increased severity (see section 4.8). With excessive use, symptoms of alkalosis may occur.

Management

Treatment of overdosage should be symptomatic and supportive.

5 PHARMACOLOGICAL PROPERTIES

5.1 Pharmacodynamic properties

Category and class: D33.7 Combination Product

Mechanism of action

A.VOGEL MULTIFORCE® ALKALINE POWDER is a multi-mineral dietary supplement consisting of calcium (phosphate and citrate), magnesium (phosphate and citrate) and potassium (citrate and bicarbonate). Such minerals support the body's acid buffering mechanism by complementing compensatory mechanisms which combat high acid loads.

6 PHARMACEUTICAL PARTICULARS

6.1 List of excipients

A.VOGEL MULTIFORCE® ALKALINE POWDER
Original flavour contains:
Mannitol

Aniseed, lemon, mango and peppermint flavours contain respectively:
Aniseed / lemon / mango / peppermint flavouring (natural)
Mannitol
Silicon dioxide
Stevia

6.2 Incompatibilities

Not applicable.

6.3 Shelf life

24 months.

6.4 Special precautions for storage

Store at or below 25 °C.
Protect from light and moisture.
Store in the original package / container.
Keep container tightly closed.

6.5 Nature and contents of container

Packaging

HDPE plastic container with a tamper evident seal and a plastic screw cap.
Each sachet contains 7,5 g A.VOGEL MULTIFORCE® ALKALINE POWDER.

Pack sizes

HDPE plastic container: 105 g, 225 g and 450 g.
Sachets: 8, 10, 16, 25 or 30 sachets per carton.
Not all pack sizes may be marketed.

6.6 Special precautions for disposal

No special requirements.

7 THE HOLDER OF THE CERTIFICATE OF REGISTRATION

PHARMAFORCE (PTY) LTD
130 16th Road
Midrand, 1685, RSA

8 REGISTRATION NUMBER(S)/REFERENCE NUMBER

To be allocated.

9 DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION

To be allocated.

10 DATE OF REVISION OF TEXT

September 2026

10150/PI.07/26