

A.Vogel Valeriana Drops

Scheduling status

SO

Proprietary name and dosage form

Valeriana Drops (liquid)

Composition

Valeriana officinalis tincture in 58% alcohol v/v.

CONTAINS ALCOHOL

Pharmacological classification

Complementary Medicine: Western Herbal Medicines (D33.6)

Indications

A herbal medicine for the treatment of stress associated with irritability and insomnia.

Warnings and special precautions

Do not discontinue prescribed medicine except under professional guidance. Contains alcohol: 58% v/v.

Interactions

May increase the effects of CNS depressants or alcohol when taken together.

Pregnancy and lactation

During pregnancy and lactation, all medicines should be taken under the supervision of a medical practitioner.

Dosage and directions for use:

For stress:

Adults and children over 12 years: Take 10 drops in a little water, 3 times daily half an hour before meals.

Children 6-12 years: Take 7 drops in a little water, 3 times daily half an hour before meals.

For sleeplessness:

Adults and children over 12 years: Take 30-50 drops in a little water before bedtime.

Children 6-12 years: Take 10-20 drops in a little water before bedtime.

If the condition does not improve consult your healthcare practitioner.

Side effects

Some individuals find Valerian stimulating and should avoid its use.

Known symptoms of over dosage and particulars of its treatment

Treatment should be symptomatic and supportive.

Identification

A clear, coffee brown liquid with a specific (Valerian) odour and bitter taste.

Presentation

Amber glass dropper bottles containing 50ml liquid, with HDPE plastic dropper insert and white, HDPE plastic, tamper evident screw on cap.

Storage instructions

Store at or below 25 °C in a dry, cool place. Protect from sunlight.

KEEP OUT OF REACH OF CHILDREN.

Registration number

D/U 961 (Act 101 of 1965).

Name and address of applicant

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This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.