

SCHEDULING STATUS

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PROPRIETARY NAME (and Dosage form)

BOLDOCYNARA LIQUID (liquid)

COMPOSITION

Each 1 ml contains:

Cynara scolymus Ø	414 mg
Taraxacum off Ø	414 mg
Peumus boldus Ø	64 mg
Mentha piperita Ø	28 mg.

Contains alcohol: 60 % v/v.

PHARMACOLOGICAL CLASSIFICATION

Complementary Medicines: Western Herbal Medicines D33.6

PHARMACOLOGICAL ACTION

Boldocynara is a herbal medicine product against dyspepsia and for stimulation of gall secretion, composed of the four tinctures Taraxacum off, radicum herba rec. T. 1:17, 45 %, Cynara folium rec. T. 1:30, 45%, Peumus boldus, folium sicc. T. 1:10, 70 % and Mentha piperita, herba rec. T. 1:18,3 %. Each of these tinctures is acknowledged for the treatment of upper abdominal complaints by the German commission E monographs: Taraxacum, Cynara and Boldo for dyspeptic ailments and Mentha like Boldo for spasmodic complaints of the gastro intestinal tract and gallbladder ducts. The application field for Boldocynara is the accredited actions of its constituents, i.e. A choleric effect for four tinctures and additionally for Boldo and Mentha antispasmodic and carminative activity respectively.

INDICATIONS

Assists in supporting the functions of the liver, stimulate bile production and therefore assist in the symptomatic relief of digestive disturbances.

CONTRA-INDICATIONS

Patients with known allergies to artichoke and similar plants. Sensitivity to any of the ingredients. Closure of the gall-bladder. Obstructed bile ducts. Liver cancer.

WARNINGS AND SPECIAL PRECAUTIONS

Do not discontinue prescribed medication except under professional guidance. If symptoms persist longer than 8 weeks, consult your medical practitioner/healthcare practitioner.

INTERACTIONS

None known.

PREGNANCY AND LACTATION

The reproduction toxicity data for the different extracts

are incomplete. Therefore, this product is not advised for pregnant or lactating women unless under professional supervision.

DOSAGE AND DIRECTIONS FOR USE

Adults: 15 drops, 3 times daily, half an hour before meals mixed with a little bit of water. If you experience liver cleansing symptoms such as slight nausea or a loose stomach and it is uncomfortable, then reduce to 8 drops. Should the condition not improve, consult your medical practitioner/ healthcare practitioner. Do not exceed recommended dosage.

SIDE EFFECTS

Hypersensitivity reactions.

Allergic reactions.

In the case of oversensitivity reactions, discontinue use and consult your medical practitioner/healthcare practitioner.

KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT

Overdose could lead to an emetic effect. Treatment is supportive and symptomatic.

IDENTIFICATION

A clear, yellow-brown liquid with an aromatic odour and a bitter taste.

PRESENTATION

50 ml Liquid in amber glass dropper bottles with a clear, HDPE plastic dropper insert and white, HDPE plastic tamper-evident screw on cap.

STORAGE INSTRUCTIONS

Store at or below 25 °C, in a dry, cool place. Protect from sunlight.

REGISTRATION NUMBER

134310 (Act 101 of 1965)

NAME AND BUSINESS ADDRESS OF THE HOLDER OF THE CERTIFICATE OF REGISTRATION

Bioforce SA (Pty) Ltd
Bioforce House
130 – 16th Road
Midrand, 1685
Gauteng, South Africa.

DATE OF PUBLICATION OF THE PACKAGE INSERT

July 2018

This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.

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